

Curriculum Vitae



Personal Information

Name and Last name: Estefanía Fuentes López

D.N.I: 23950179-A

Date and place of birth: April, 16, year 1993 Murcia (Spain)

Nationality: Spanish

Mail: efuenlop@myuax.com

Gender: Female

Studies

Degree in Human Nutrition and Dietetic

[2011/09- 2013/12]

Universidad Alfonso X El Sabio : La Universidad de la empresa (Villanueva de la Cañada, Madrid)

[2013/06-2013/08]

EF College, California

[2014/02-2014/08]

Universidad Federal da Bahia (UFBA)

[2014/09-2015/01]

Universidad EGAS MONIZ

Training Courses Attended

Nutrition Training in UFBA Hospital, Salvador, Brazil

Training in Naturopathic clinic, Lisbon, Portugal

Internship in KAYAKALP, Himalayan Research Institute of Yoga, Naturopathy, Ayurveda, Acupressure, Palampur

Internship TCM (Traditional Chinese Medicine) Zhongfang Red Cross International Hospital, Hunan, China

Internship Ayurveda Medicine, Ayurdhama Hospital, Mangaloore, India



Green house Fitoherb

Nutrition Center

Nutritionist specialist in sports

Nutritionist in pharmacies

Other certificates

Yoga teacher 200h

Forest therapy guide, ANFT. Canada

Bach flower therapist, England

Mindfulness Coaching

School lunch monitor

Ayurveda Massage Therapist in ALBA (Association Brazilian and Portugal)

Culinary classes around the world

Natural cosmetic courses

First Aid course

CPR Course

Scout monitor

Various:

European Nutrition Week.

UNICEF Conference

Volunteering Experience

ENEA study (Nutritional Education in schools of Alcorcón)

Study between personality and corporal position

Member of Greenpeace

WWOOF volunteer in an organic farm, London

English teacher in AIESEC Project, New Delhi, India

Volunteer Mother Teresa, New Delhi, India

Languages

Mother tongue; Spanish



Language: English: B2

Language: Portuguese: C1

Language: French: B1

Skills profile

Driving license

Skills of Informatics

High availability and performance